

Wellness Committee Meeting -- June 20, 2016

All in attendance were Elly Reedy, Kory Mullen, Jennifer Chavez, Brandi Kelli, Lori Moldenhauer, Tim McDermott, Sharon Jelinek, Bruce Filipi, Jamie Houser, and Marvin Kohout

Meeting called to order at 8:06am

Previous meeting minutes from May 5, 2016 were reviewed; motion to approve the minutes was made by Bruce Filipi, second by Jennifer Chavez. Motion carried.

No alternative standard requests have been issued at this time to any wellness committee members. Tim addressed that the alternative standards form needs modifications to be made; Tim went forward to adjust the form by correcting the box that is to be filled out by the physician. Marvin made a motion to change the medical exemption to change the form, second by Bruce. Motion carried.

Jamie Houser will be an incoming member to the wellness committee, as Sharon Jelinek will be outgoing from the wellness committee as of June 20, 2016.

The 2015 Wellness Program was closed out following the last meeting, May 5, 2016. The incentives were organized per employee incentive request and were purchased, delivered and applied. Hours for the "time off" were also submitted to the clerk, and the health insurance incentive totals were also delivered to the clerk.

The 2016-2017-wellness budget was presented to the committee for the official's estimation including disbursements/requirements and the revenue/income.

Elly stated she had no other UNICO IMPACT Survey updates regarding the survey taking for the 2016 year.

Elly stated she hasn't heard any other updates or received new information from PHS regarding the Diabetes Prevention Program

No further updates were presented about the Eye Doctor presentation on May 5th, and it was announced Elly would give a presentation June 20, 2016 at the extension office at 5:30pm.

For the Ergonomics topic that has been requested, Brandi asked the committee if she needed to be in contact with someone to find a presenter or more information for the topic.

Tim announced to the committee that the Veridesks were successful for employees to trial, and the feedback was positive for those who did try it at their desk. Tim addressed to the committee if someone is of interest, to contact him if orders want to be placed for the Veridesks.

Elly informed the committee that the Crazy 8 Challenge had a total of 17 employees to complete the challenge, and it was addressed that employees suggested that the challenge be worth more than 25 points in the upcoming years.

NIRMA Online University 4th quarter class is almost to a closing for the April 1 – June 30th quarter, the committee will review the NIRMA Courses to be selected for the 1st Quarter running from July 1 – September 30th. The committee as selected the course: “Keeping Your Cool” under the Management category for the curriculum for the 1st quarter. Motion made by Jennifer to approve of course selection, and motion second by Bruce. Motion approved.

It was presented to the committee that the Saline County Senior Services Food Pantry is closing on June 30, 2016. Some employees showed concern that they wouldn't receive wellness points anymore if they can't donate items to the food pantry. It was mentioned to have the Saline County Wellness Committee be helping the “Backpack Program” as opposed to the food drive. Jamie will talk to Tad and to see list of items, and what is being requested for the program and to discuss the process of how to get the goods to get to him for storage.

Jamie mentioned to the committee about prorating new employees, because of the health insurance program and achieving the 8,000 points by the end of the calendar year. The committee discussed all alternatives, and options for newly hired employees; this discussion will be tabled until after July 1, 2016.

The next meeting was set for July 25, 2016 at 7:30am.

Meeting called to order at 9:02am.