

8-17-15 (Meeting called to order at 7:11am)

Members present: Marvin Kohout, Linda Kastanek, Brandi Kelly, Tim McDermott, Sharon Jelinek, Tad Eickman, Bruce Filipi, Elly Reedy, Kory Mullen

- Minutes from meeting 7-13-15 & 7-27-15 reviewed, Brandi made motion to approve the minutes and seconded by Linda
- Smoke Out is October 15, 2015, discussed to put in newsletter and push for employees to stop smoking
- Update on Alternative Stand with no new request received
- Monthly Question for 25 wellness points
  - Elly will email the question to committee members first, they will need to reply to her with the answer to receive the points, voted and approved.
- Madonna Fit for work fruit and vegetable challenge—22 participated with 100% of goals reached
- 100 miles in 100 days moved to the next meeting, as results not completed yet, Elly will have results at next meeting.
- Discussed new mini challenges, Elly reviewed some that she got off of the Internet, will do Lucky 7 poker challenge. Then for November/December will be the Bingo challenge as done in previous months.
- Monthly class August 20, 2015 @ the Extension Office, will start @ 1730
- Governor's Award update—Award has been accepted and should receive a letter mid to late August we received the award
- Blue Health Advantage Premium Wellness Program is holding a conference call on Wednesday 8-19-15 @ 1100, all wellness encouraged to listen if possible
- Flu Shot time is coming up—Shopko sent Brandi a quote for this year with the minimum of 15 employees signed up for them to come out, Elly will be checking with PHS to see if they would come back this year
- Health Fair for 2016 will need to start looking into sending out letters, Elly will review and update us at the next meeting
- Wellness Book reviewed for 2016
- Next meeting Monday 9-14-15 @ 0700
- Meeting adjourned @ 0854