

SALINE COUNTY WELLNESS
COMMITTEE MEETING
JANUARY 3, 2014

The meeting was called to order at 7:40 a.m. on January 3, 2014. Present were Marvin Kohout, Bruce Filipi, Sharon Jelinek, Kerry Hagemeyer and Linda Kastanek. The minutes from the December 20th meeting were approved as read.

Kerry reported that the December Bingos were coming in. A \$15 Subway gift card will be given for any black-outs.

Kerry and Sharon are getting the booklets and info out for the 2014 Wellness/Fitness Challenge. It was decided to have them go around to the different offices and locations to give presentations, answer any questions, and to have the employees sign up.

The Fitness Center entry number has changed.

It was decided to give Daryl a gift for writing up the Tobacco waiver and sign up forms.

Presentations were given from Madonna, Wellness Partners and Public Health Solutions on what they could do for our health fair. A decision was tabled until the whole group could get together to vote.

Sharon and Kerry will give presentations to the Road and Bridge crews next Tuesday and Thursday mornings.

Kerry passed out handouts from Champion Family Chiropractic. They would like to come and speak with our group about the services they offer and how they might benefit our group.

Kerry said we should be thinking about possible speakers for our classes.

The next meeting will be January 8th at 7:30 a.m. to decide which company we want to go with for the health fair.

Linda Kastanek
Secretary