

2013 Gluten-Free Halloween Candy List

This Halloween, don't think your gluten-free little ones can't enjoy trick-or-treating. The following is a list of gluten-free candy, although it's not all-inclusive and there are other gluten-free goodies on the market. Always make sure to check a product's label to verify its gluten-free status as manufacturers may change ingredients or facilities.



Hershey's

- Almond and Mounds Bars
- Heath Bars
- Hershey's Kisses and Nuggets (*including milk chocolate, all filled chocolates flavors, all nuggets.*)
- Hershey's Milk Chocolate Bar and Milk Chocolate with Almonds Bar
- Reese's Peanut Butter Cups (*except seasonal shapes*)
- Scharffen Berger Bars (*including 70% bittersweet chocolate, 82% extra dark chocolate, 41% milk chocolate, 62% semisweet dark, 99% unsweetened dark chocolate baking, 70% bittersweet baking chunks*)
- SKOR and SKOR Toffee bar
- York Peppermint Patties (*all flavors*)

Just Born Inc.

- Goldenberg's Peanut Chews (*including Bite-Size Chewy Pieces Combo bag, Milk Chocolatey and Original Dark*)
- Mike and Ike (*including Hot Tamales, Jolly Joes snack size, Mummy's Mix Chewy Fruit flavor, Original Fruit, Tangy Twister, Zours Chewy Sour candy*)
- Peeps (*including chocolate mousse-flavored cats, dark chocolate-covered pumpkins, dark chocolate-dipped orange chicks, ghosts marshmallow candy, milk chocolate-covered pumpkins, milk chocolate-dipped orange chips, mini marshmallow chicks, pumpkins marshmallow candy, sugar-free pumpkins marshmallow*)
- Teenee Beanee jelly beans

Mars

Mars encourages consumers to read the label before purchasing and look for the "May contain [allergen]" label. During Halloween some candy is produced at alternative facilities that may provide gluten cross-contamination risks.

- **3 Musketeers Bar** (*all flavors*)
- **Dove Chocolate** (*all flavors EXCEPT milk chocolate cinnamon graham and cookies & cream*)
- **M&M's** (*all flavors except for pretzel-flavor*)
- **Milky Way Midnight Bar and Caramel Bar** (*Milky Way original is NOT gluten-free*)
- **Snickers Bar** (*all flavors*)

Necco

- **Banana Splits Chews**
- **Canada Mint, Wintergreen and Spearmint Lozenges**
- **Candy House Candy Buttons**
- **Haviland Thin Mints, Wintergreen Patty Nonpareils and Chocolate Starts Skybar**
- **Mary Jane** (*including peanut butter kisses*)
- **Mint Julep Chews**
- **Necco Chocolate Wafers**
- **Necco Wafers**

Nestlé

- **Baby Ruth**
- **Butterfinger** (*does NOT Include Butterfinger Crisp, Butterfinger Giant Bar, Butterfinger Medallions, Butterfinger Pumpkins, Butterfinger Snackerz*)
- **Nestle Bit-O-Honey**
- **Nestle Goobers**
- **Nestle Milk Chocolate**
- **Nestle Nips**
- **Nestle Oh Henry!**
- **Nestle Raisinets**
- **Nestle Sno-Caps**
- **Nestle Spree**
- **Nestle Treasures**
- **Wonka Bottlecaps**

- **Wonka Gobstoppers** (*including chewy and original*)
- **Wonka Laffy Taffy** (*including Fruitarts Chews and Laffy Taffy Rope*)
- **Wonka Lik-M-Aid Fun Dip**
- **Wonka Mix-Ups**
- **Wonka Nerds** (*including Nerds Gumballs and Nerds Rope*)
- **Wonka Pixy Stix**
- **Wonka Runtz** (*including chewy and original*)
- **Wonka Shockers**
- **Wonka Sweetarts**

Organic Brands

- **Endangered Species Chocolate** (*will be clearly labeled if gluten-free*)
- **Green & Black's Organic chocolate bars** (*including almond, butterscotch, caramel, cherry, creamy milk, dark 85%, dark 70%, espresso, ginger, hazelnut and currant, Maya gold, milk chocolate, mint, raisin and hazelnut, white*)
- **Heavenly Organics** (*including Honey Pattie Chocolate Almond-Healthy Candy, Honey Pattie Chocolate Ginger-Healthy Candy, Honey Pattie Chocolate Mint-Healthy Candy, Honey Pattie Chocolate Pomegranate-Healthy Candy*)
- **Righteously Raw Chocolates** (*are labeled with the CSA Celiac Sprue Gluten-Free Certification label.*)

Smarties

The entire SMARTIES line of products is gluten-free. Smarties suggests checking the UPC number. If it begins with "0 11206," the product is manufactured in a gluten-free facility.

Tootsie Roll Industries

All Tootsie products are gluten-free except for Andes Cookies.

Wrigley

All U.S. Wrigley products follow all FDA labeling regulations. If the use of gluten is critical to the taste of a Wrigley product, then gluten-containing ingredients are labeled. Wrigley advises consumers concerned with gluten sensitivities to read the label and check with their doctors if they have questions.

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- **Wonka Pixy Stix**
- **Wonka Runtts** (including chewy and original)
- **Wonka Shockers**
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