

Saline County Aging Services Full Board Meeting
April 24, 2023, 1:30 PM
Saline County Aging Services (Back Room)

Stephanie called the meeting to order. Roll call was taken with 9 Community Representatives present. Staff members present were Program Manager, Lori Moldenhauer, Outreach Coordinator, Madison Maly, and Program Assistant, Donna Kovar. County Commissioner, Stephanie Krivohlavvek was also present.

Approval of Minutes

The last board meeting was in January. A motion to approve the January minutes was made by Marty Stone, and seconded by Jim Bendorf. Motion carried.

STANDING UPDATES

Financial Report/Budget

- Lori stated as far as the budget there is nothing really to report on as of now. It is the start of the 4th quarter so Lori will begin working on the budget for the County.

Fundraising/Grants/Donations

- The \$1300 Cornhusker United Way Grant was just received. We haven't dedicated the funds to anything special yet, but has some ideas. The money will just be added to the grant money and Lori will let you know in future meetings what it will be used for.
- 5th Annual Saline Shuffle update was shared by Lori. Possibly changing the run name to Saline Shuffle instead of the Shamrock Shuffle due to moving from having the event in March to now April because of the cold weather. There were 136 signed up and continues to grow every year. This year there was a huge increase in sponsors. Madison sent out 75 letters to business sponsors in the county. Having the sponsors funding helps to keep the shuffle cost down with the purchasing of t-shirts for all the participants. Raised about \$1500 and using this for our Strong Bodies Program. Last year's shuffle went to this, too. We still need to purchase the weights. This was to be sponsored by a grant through Aging Partner's, but it fell through with the city not approving this grant of theirs for us to get funding for. All of us here will be getting certified on the Strong Body program through a 2.5-hour online training. This new training will cost \$500 a piece for each of us to be trained.

OLD BUSINESS/ACTION LIST

- Lori gave an update on all of our Counseling happening here at the office (Medicare, Medicaid, Social Security, Homestead) which continues to keep all staff here very busy. There have been approximately 40 new clients signed up since January. We are getting a lot of referrals from the Crete area for Social Security and Medicare Assistance. Homestead ends in June.
- In January, Yesterday Lady presented a program on Century of Fashion. In February, Aging Partners came and presented Heart Health. March was the Shuffle Run event. First State Bank just presented in April on Fraud Awareness both in Wilber and Western. There were some issues with clients receiving the newsletter late after the program dates had passed. Lori has changed now how we are doing the newsletter. It will be done in-house instead of sending it to LPI and will combine both the newsletter with the mailer. This will help in getting the newsletter out on time to clients. Madison

will work on the newsletter a month ahead for summer help to assist in folding it and therefore getting the newsletter out earlier.

NEW BUSINESS

- Bonita Zoubek, who does our meals for Western presentations, recently lost her husband unexpectedly. Not sure what she may do now with assisting with the meals.
- Lori said we are trying to have more informative events. Some of the upcoming SCAS events are as follows:
 - Legal Clinic with Mary Wilson, Aging Partners, on May 12. After the presentation a private meeting with legal assistants may be set up. The Hispanic presentation will be in the morning that day.
 - Public Health will present on Oral Health on May 16
 - Crete Senior Center is another possibility to start working with for additional activities. They usually meet on the last Tuesday of every month. Possible exercise programs could be started there. Lori will reach out to them.
- The Hispanic Outreach is still going well. Some of the upcoming programs are as follows:
 - Legal Clinic, May 12 with Mary Wilson, Aging Partners. Private counseling sessions can be set up following the presentation.
 - A trip to the city library to get set up with a library card and a book.
 - A trip is planned to bring clients down to SCAS in Wilber to familiarize them with the office here. SCAT will be used for transportation.
- Lori gave an update on the Home Delivered Meals program in Crete. A meeting with Dave Bauer, Cheryl Moore of Tabitha, Jill Engel from AP, Lori, and Madison is set up for May 4. A contract is being worked on and the meal price was agreed upon for \$6.25. A discussion was had on getting enough volunteers to help with the delivery of the meals.
- Our monthly foot clinics continue to be very packed with client appointments. We will have a new retired nurse, Sarah Yokel from Friend, who will be a substitute for our local county nurses.
- Melissa gave an update on the DeWitt Center as follows:
 - Wednesday meals are going well with about 40-45 attending
 - About 80 memorial bricks have been made
 - Blood pressure clinic is scheduled monthly with Foot clinic every other month
 - Music Bingo was recent with 150 attending
 - Starting on May 10, Fresh Food Truck will be coming once a month
 - A farmers' market will be at the center 1 to 2 times a month. The FFA is helping.
 - Home Delivered Meals is in the process of getting started back up with RJ's
 - Programs were presented by Caring Friends, SHIP on Medicare, FSB on Fraud
 - Field trip is in the works and once dates are set; it will be put in the newsletter
 - Health Fair will be in the Fall along with a meal
- SCAT update - Scott couldn't attend. Comments were made that new vans have been approved.

Lori finished by sharing a slide presentation of the events.
The meeting was adjourned.

The next meeting is scheduled for July 24 at 1:30 in the backroom of SCAS