# Saline County Aging Services Full Board meeting January 28, 2019 at 1:30 PM SCAS Back Room Western & Wilber hosting

The minutes were digitally recorded.

The meeting was called to order by Chairman Lorene Horky. Everyone introduced themselves. Staff members present were Program Manager Lori Moldenhauer, Program Assistant Laura Mackeprang, and Outreach Coordinator Madison Hoover. Also in attendance were County Commissioners Stephanie Krivohlavek and Phil Hardenburger, and Trudy Kubicek, recently retired from Aging Partners. Roll called showed that a quorum was met with 11 members present. (3.50)

Carol Fictum made a motion to approve the minutes of the September 24, 2018, full board meeting. The motion was seconded and carried. (4.38)

### OLD BUSINESS/ACTION LIST

- ♦ A new Tai Chi class will start in the middle of February in Wilber. She will attend Susan's new Tai Chi class as a refresher, since she attended training right after her surgery. Lori is planning on starting one in Friend in the near future with Madison. (5.40)
- ♦ The building front is progressing. The sheet of metal for the sign, donated by Schuerman's Welding, was taken to Young's Welding in Friend to cut the letters out. The Road's Department brought the metal from Young's to the High School for the High School construction students to put it on barn wood donated by the Mackeprang's. Lori showed a picture of the sign so far. It will be about 10 x 6 feet.

The High School students are also working on a new kitchen island, also made out of barn wood. It will be on wheels. (7.30)

- ♦ The Full Circle (FC) events in December went well. One of Lori's goals was to have a FC in Western, which was accomplished. The meal with Western's FC is made by Bonita Zoubek. The program for Western and Friend's Full Circle was Christmas Bingo. In Wilber the program was a 'Name that Tune' theme using Christmas songs with Wanda Radamacher.
- ♦ The 5K/Fun Run fund raiser is on-going. It will be called "Shamrock Shuffle" and is scheduled for Saturday, March 16, 2019. The price includes a Tee shirt, a snack, and a free drink card from Foxhole. There are nine sponsors so far. The proceeds will go to SCAS and TCBY will also receive some money for helping with the fun run. (10.05)

# STANDING UPDATES Financial Report

The Financial Report for the second quarter of fiscal year 2019 was submitted to Aging Partners. The (Home Delivered Meals) meals are going well financially.

Lori has applied for grants and has received thus far \$500.00 from the Walmart Foundation, \$1,500.00 from Norris Public Power, and \$8,000.00 from TransCanada. Lori said she has about \$16,000.00 to go toward the renovation. She said that the TransCanada grant was a community fund grant as are most of the grants she applies for. She is still waiting to hear if we will be awarded any money from the Subaru Share the Love fundraiser. (12.05)

## Goals/Work plan update

- ➤ The Wilber Care Center had Lori as a speaker for their monthly senior dinner. This was just a couple of days after Lori's surgery. Lori spoke on SCAS services and then she and Madison did games. Carol Fictum said they received many good comments on the program. (12.50)
- ➤ Lori and Madison took Tai Chi training on October 29 and 30, 2018.
- ➤ This year there were only two staff members able to Medicare D Open Enrollment comparisons. Madison hasn't been trained yet. But we showed a savings of \$66,647.00 for the people who had their Medicare D checked.

There were two events, one each at the Wilber and Crete libraries, and those who came to the office.

We did not get many contributions for doing the comparisons, but Lori is hoping this to increase with each year. And Madison will be doing them next year, too. (14.50)

➤ Lori explained how the Subaru Share the Love grant works. The Hometown Holiday gave SCAS a chance to raise some money by selling popcorn and gourmet cocoa while at the same time passing out Subaru Share the Love information that was part of the requirements to receive grant money. Lori said that now she knows what is needed to qualify for the grant, it should go smoother next year.

Because the weather was uncooperative the day of the Hometown Holiday, sale of the popcorn wasn't the greatest. So we have kept selling it in the office. (16.55)

- Aging Partners was down for a monitoring meeting to review all the procedures and logistics for running the office and handling money, etc. It went well. Only a couple of small changes were needed. (17.20)
- The meeting with AP brought news that the taxonomy was changing this year, which means that the way we count units for funding will be different. The

changes mean that the numbers will look like they are down, but it is just the state tracking is changing. (19.05)

➤ The report from the Food Bank of America shows that the Feed America program gave SCAS 18,400 lbs of food worth \$28,889.57 to pass out. We pick up on Mondays and Wednesdays.

We still get meat from Farmland for meat. We pick up meat as needed. Lori did not have the total pounds received right now. (22.25)

Full Circles in January had Jill Engel, AP Nutrition Specialist, as speaker in Wilber and Friend. She spoke on setting goals for the New Year: "Healthy Goals for Healthy Eating".

Western's Full Circle had cancelations due to the weather, but there was still a good turnout. Madison gave her first presentation, using Jill's topic, and made it her own. Everyone seems to be enjoying Bonita's food. She is doing a good job cooking the meal. They played wheel of fortune.

In February the program for the Full Circles will be Valentines and Healthy Heart on February 15 in Western, February 21 in Friend, and February 22 in Wilber.

So we are back on track doing FC's every month and hope to be able to continue to do so. (25.30)

> SCAS will have a new Medical Equipment Showroom using Lori's old office next to the laundromat. Right now the medical equipment is stored in our far back and basement. It is difficult to store and bring up from the basement for the staff. let alone the volunteers.

Steve Ourecky is the landlord. He is upgrading the bathroom there and putting in new carpet and a paint job. The rent will be \$1,000.00 a year (down from \$100.00/month). Lori will use grant money to pay for the rent this first year.

- Facebook is ongoing as far as posting to it and getting people to use it.
- ➤ Lori was asked her plans for expanding FC into Crete. She said she was waiting for Trudy to come back. Lori will work with the new Trudy when one is hired.
- Lori wants to add pictures to Facebook. At this time SCAS is not using other social media (Instagram, etc).
- We continue to get contributions for the newsletter mailings. Lori will find the total for next time. There are 330 names on the mailings. The newsletter can also be found on the Saline County website. Katy and now Madison have done a great job on the newsletter. Madison wants to start putting pictures in the newsletter of the events, so people can see what we are doing. It was suggested that some be given to SCAT for having on their buses.

Lori said that the county, as well as First State Bank, are using the Shamrock Shuffle as part of their wellness program. (32.35)

### OTHER

- Scott Bartels spoke on what was new with Saline County Area Transit (SCAT): Every year during Public Transit Week in April SCAT promotes it by doing a 'Stuff the Bus' fundraiser of food for the local food pantries. However, it has not been a big success like it used to be. So they are trying to think of other ways, including having SCAT bring clients to FC events. Scott also offered to speak on SCAT to people.
- There was a contest at Aging Partners (AP) to encourage County Offices to submit their reports on time. SCAS won a "Party in a Box" for getting their numbers reported promptly. We were able to choose the theme for the party and so decided to have one for the volunteers who help with the daily running of the office.
- AP decided to go with a survey instead of town hall meetings. (43.40)
- Scott explained how SCAT is funded. They need to come up with 25% of the funds needed. Then the state matches that 25% and the feds match both (50%). He gets funding in Saline County from the eight towns and the county.
- Lori added a note on a very recent development: The sewer line is broken in two places and will need to be fixed.
- At the Areawide oversite meeting discussion was on the Medicaid expansion and how it will increase the cost of those self-paying in nursing homes.

The next executive meeting will be February 25, 2019, at 9:30 a.m. The next full board meeting will be March 25, 2019, at 1:30 p.m.

Meeting was adjourned.

Note: The staff (Laura) was not able to transfer the minutes from the recorder to the computer. An error message was received and somewhere along the way, they disappeared, thankfully after the minutes were typed up.