SALINE COUNTY AGING SERVICES FULL BOARD MEETING September 26, 2016, 1:30 PM, Saline Co. Extension Office Swanton and Tobias hosting

The minutes were digitally recorded.

The Saline County Aging Services Full Board meeting was called to order by Chairman Marty Stones. Roll call was taken. A quorum was declared with 14 members present. Also present were Saline County Aging Services director, Amy Hansen, and staff Laura Mackeprang, and Macey Moore, along with Aging Partners staff Trudy Kubicek.

A motion was made by Lila Pribyl, and seconded by Carol Fictum, to accept the minutes as dispersed. Motion carried. (2.55)

ACTION LIST REVIEW

- --Amy was to continue working on the HDM contracts for both Wilber and Crete. Amy stated that both contracts were completed, signed, and in motion.
- --Len Sand was to call a meeting of the bylaw committee, which was done. Report to follow.
- --Amy was to get the bylaws from other counties to the bylaw committee, which was done.
- --Amy was to send the executive committee the financial report, which was done. Marty stated that it was decided (at the executive committee's last meeting) that a financial report would be added as a standing item to the agenda for each full board meeting.
- --Amy will do home visits to assess the status of the HDM clients. Amy stated that she has received a broader understanding of the eligibility process for HDM, and so would like to discuss it later. She has spent her time setting up HDM with Wilber and Crete and the billing and suggesting contribution requests, etc. (5.05)

OLD BUSINESS

Bylaw Update

Amy passed out the proposed bylaw changes that she typed on behalf of the committee. Len stated the bylaw committee met Sept 8. He said that they weren't able to reach Richard Jiskra, so it was Amy, Scott Bartels, and himself that met to do the bylaws.

Amy explained the proposed changes:

In "Organization" the change was just housekeeping, as it was about a 'first' when the board was first formed.

In Section 3, "Quorum," they propose to change in the number to have a quorum from 55% to 40% of voting members, or 6-10 members for a 16-25 member board. (8.40)

Under Article 6 "Other", it was suggested we add a conflict of interest statement:

"Whenever the director, a member, or an officer has a financial or personal interest in any matter coming before the board of directors, the board shall insure that the interest of such director, member or officer is fully disclosed to the board of directors. No interested director, member or officer may vote or lobby on the matter or be counted in determining the existence of a quorum at the meeting of the board of directors at which such matters

voted on. Any transactions at which the director, a member, or an officer has financial or personal interest shall be duly approved by members of the board of directors not so interested or connected as being in their best interest of the organization. Payments to the interested director, member, or officer shall be reasonable and not exceed fair market value. The minutes of the meetings at which such votes are taken shall record such disclosure abstention and rationale for such approval."

Amy stated that this is to be a paper trail and a fair way of doing things for all parties. (11.20)

In Article 7, "Amendments", the proposed change was a point of clarification for proposing amendment changes to the bylaws:

"A proposal to amend these bylaws in whole or in part may be made at any regular meeting of the Saline County Services Advisory Board provided public notice requirements are met and proposed amendment or amendments are made available to the public as required and are personally provided to all members of the advisory board not less than 5 days prior to such meeting." (12.05)

Len Sand questioned the 40% needed to pass a change. He believes the committee decided on '2/3 of members voting'. The intention was to make sure everyone was informed of the process of notification of a change in the bylaws. Then the change could be made as long as 2/3 of the members present voted in favor of the change. (14.15)

Marty asked if there was any reason the changes could not be voted on today. Amy stated that she did not see any provision in the current bylaws that would exclude a vote today. She suggested that if it is decided to vote on them today, whoever makes a motion include 'with the changes discussed.'

Marty stated that most of the changes are housekeeping. Len asked about previous discussions on the possible need to have a committee or process for nomination of officers in the bylaws. There isn't any in the current or proposed changes. Marty stated that some bylaws do have this provision. He said the bylaws currently do not address this, which leaves it open as to how the board would wish to proceed in the future.

If the bylaws are approved they would go to the Saline County Commissioners final approval. Lorene Horky moved to accept the bylaws with changes. Kathryn Bolton seconded. Motion carried.

Marty thanked the bylaw committee for their work on the bylaws. Amy will go before the commissioners to present the new bylaws to them. (19.00)

STANDING UPDATES

Financial Report

Amy stated that we are 0% of our budget because the budget had not yet been approved. Stephanie stated that it was just finalized, so Amy should start getting the updated info on her financial reports soon. Amy offered to send everyone a report in October after it has been approved, since the next full board meeting will be in December. Marty asked her to do that. Marty stated Amy's financial report was to help the board see where SCAS was at financially.

Stephanie added that it was to also help everyone get the feel of the financial reports so that members would be less hesitant to serve on the budget committee. (21.52)

Goals/Work Plan Update/Program Manager's Report

Amy stated that Aging Partners (AP) encouraged the county program directors to make their work plan goals align with their goals, which would then align with the federal guidelines. Amy chose to focus on starting a pop up senior center. The pop up centers do not have a dedicated space, but "pop up" somewhere every month to provide services. The goal is to increase services in unserved or under-served areas within the county.

She also chose the goal to continue to get the word out using social media, print media, mailers, and newsletters, to let everyone in the county know SCAS is here and what it does. This is being done. She stated that it must be working, because the staff is increasingly busy and we increasing our numbers.

Amy reported that the pop up centers have already started. It is called "Full Circle" with a tag line of "serving the whole individual and serving the whole county". The first time it was done was in Friend with 24 people attending. Surveys were done to find out what they would like SCAS to provide in their community.

Tomorrow SCAS is having fall prevention bingo program in the Back Room. This program will be taken to Friend. Our very first congregate meal will be Wednesday at Friend. In the Back Room we have hosted an ice cream social, celebrated "Eat all Your Veggies Day", and hosted SCAS Olympics. Full Circle was also in Crete at Centennial Terraces. (Where, incidentally, a new Stepping On will be held as well.) At this point, whatever program is presented in 'The Back Room' will be taken to other communities through Full Circle.

Next month Full Circle will be in Friend with a Wii bowling tournament and a meal. Our Back Room has hosted coffee drinkers and card players. A trip to Nebraska City's Applejack festival was possible by partnering with SCAT.

Amy stated that she is going to try to determine whether we could take Full Circle to Western, thereby reaching Swanton and Tobias residents. A Caregivers' Retreat was held at the Dvoracek Memorial Library.

Amy stated that she has finally hammered out the HDM contract. In the last week, 8-10 people were added to the list. There is currently a HDM program in Friend through Friend Community Healthcare Systems (FCHS). Plans are in the works for FCHS to provide HDM in Dorchester as well. (31.30)

Marty stated that in Crete they lost some delivery people, otherwise it's been going fairly smooth. Amy shared that implementing a procedure to request a suggested contribution took a bit of time and work, but she is happy to report that requests have been sent to both Wilber and Crete participants. The suggested contribution for meals in Crete was kept when the program was taken over by SCAS. Unfortunately, it is too low and will have to be slowly raised as to come closer to costs, but not alienate people that need a meal.

Regarding eligibility for HDM, Amy stated that since there is no congregate meal site in Crete anyone over 60 is eligible to receive a meal. However, since she budgeted for a certain number of meals, the program can be capped, meaning that if too many people ask for HDM meals they can be prioritized with the frailest receiving them first. (34.25)

According to the contract, Tabitha will worry about the volunteers needed to deliver the meals.

Marty reported that occasionally volunteers are asked to deliver both routes in one trip. Amy stated that the meals have to be delivered at a certain temperature, so delays that cool meals are not acceptable. Of course, clients who need to visit can slow down delivery as well. Trudy reminded everyone that sometimes the delivery people are the only person they see all week.

New participants wishing to receive meals will need to call Amy to set up the paperwork to start the meals. For all other concerns, such as special diet needs, not needing a meal, etc., they should call Tabitha. The meals come from Garden Square. (39.50)

NEW BUSINESS

Marty suggested that maybe next year we have a table at Crete's Pumpkin Festival. Amy brought up that the Cornhusker United Way took part in the festival last year and wondered if SCAT was doing it this year. Scoot indicated that they were not. The possibility of sharing a table with SCAT next year was 'put out there'.

Areawide Meeting

Marty reported on the Areawide meeting in Lincoln. There is a major effort for a program redesign for services for Aging services and for those disabled. ADRC are Aging and Disability Resource Centers is a pilot program in four areas and is for people with disabilities.

Medicaid is going to managed care for everyone. It is called Heritage Health. People will have three insurance plans to choose from by the end of the year or they will be put into one, which might not be the best plan for them. People need to read their mail and make a choice.

Amy has questioned how this could potentially affect county programs and whether we would be able to get funding to serve another section of society, but has not been able to get an answer. Marty said that he thought that since there is redundancy in helping both aging and disabilities, this is an effort to trying to figure out the best way serve both by May 2017. He wanted everyone be aware that we might be affected by these future decisions. (56.15)

Carol asked about Medicare D open enrollment. Amy thanked her for the reminder. There will be a SHIIP open enrollment event at the library in Wilber on November 3. Call for an appointment. Amy stated that she is thinking of taking that on the road, too, offering Medicare D events in other towns within the county. (57.45)

Kathy stated that we may have to look at our county programs, as well as our state programs, to look for other funding. Amy agreed and shared that Aging Partners encourages finding (additional) alternative funding and revenue streams. Amy said she and her staff have been discussing having a fundraiser for HDM. Kathy said that having HDM and other programs are good, but there is a cost with them.

Next meeting

The next full board meeting will be December 12 at 1:30 p.m.

Meeting adjourned.

Respectfully Submitted,

Amy Hansen, Director Saline County Aging Services ABH/lam

ACTION LIST:

Amy will do home visits to assess eligibility of HDM recipients.

Amy will present new bylaws to the county commissioners.

Amy will send the financial report to the board members.