

Saline County Aging Services Board Meeting
Monday, December 14, 2015, 1:30 p.m.
Saline County Extension Office
Western and Wilber hosting

The minutes were digitally recorded.

Marty Stones called the meeting to order. Roll call showed 10 members present, constituting a quorum. Also present were SCAS staff members Amy Hansen, Director; Laura Mackeprang, Data/Office Manager; Macey Moore, Outreach Coordinator; and Trudy Kubicek, Aging Partners, and Stephanie Krivohlavek, Saline County Commissioner.

Phyllis Svehla moved and Kathy Stokebrand seconded the motion that the October 2015 full board minutes be approved as dispersed. The motion carried.

Birthdays and anniversaries were recognized. (3.40)

OLD BUSINESS

Action List Review

Marty will start attending Advisory Council meetings

Marty was able to attend an Area Wide Advisory Council meeting. He enjoyed the meeting. He stated it was an eye opener. Marty received a book from the council.

He reported that they announced that June Pedersen will be retiring. They have not yet announced who the acting/interim director will be when she leaves. Candidates are being interviewed. (6.00)

He announced that there is a bill in the legislature to help with the way budgeting and funding is currently handled among case management programs in the various AAA's. It would make it more consistent across the board and hopefully more funding will be available. He asked for Aging Partners taxonomy to understand better the units of service. (12.30)

He said that there was a presentation on nutrition and the dietary programs they have, and he got to sample some food that he hadn't had tried before. He looks forward to becoming more knowledgeable.

He reported that June Pedersen pointed out an upcoming (and large) turn over in the legislature. The Advisory Council will need to be active advocates to these new senators in matters concerning the aging population. He said that the amount of funding for seniors pales in comparison to the funding that is given to children, and the number of seniors continues to grow. Kathy Stokebrand hopes that whoever takes June's place is savvy with lobbying the new senators.

June's retirement party will be held on December 21st from 3:30-4:30 at Aging Partners in Lincoln. (15.30)

USDA contract for HDM with the WCC

Amy stated that this is ongoing and will be for a while.

Roberts Rules

Amy purchased a copy of Robert's Rules for the meetings.

Laura will send out by law changes and updated contacts and terms of board members.

This was done. (16.10)

Food pantry

Amy has meeting with Pastor Jeff Hageman in Crete this Wednesday concerning the food pantry. She also said that she received a call from someone on the Lion's Club board, because they had heard about the food pantry.

Amy stated that the Saline County Commissioners have told her she needs to move the food pantry back into the hands of the community by July 1. It is not negotiable. A plan must be implemented by July 1.

Marty stated that this is consistent with our position as a board, to move the pantry and not just dump it. The food pantry is not with SCAS's mission. (19.23)

Presentation of By-Laws

Marty stated that one of the things that came out of Amy's evaluation was conversation that the board needs refresher training. Marty put together training presentation for the next meeting. There are differences between advisory boards and oversight boards. It is not real clear if this board is advisory or oversight. It does change things some. He feels there are things in the training that would be beneficial in terms how to be more effective and things that we could do better.

At the next executive meeting they will talk about this to decide to get some clarification on the role of this board. There are some requirements for oversight boards that are not needed with advisory councils. Then at the next full board meeting have a fresh review of the board, its role, what needs to be done to be effective.

During Amy's research on the topic of boards and their duties, she found several places that suggest that advisory boards shouldn't be called 'board', but 'council' or 'committee', so that their role is not overstepped and the .

Marty, therefore, would like to sit tight on approving the bylaws for now in case there are more adjustments that need to be made to the bylaws after this board's role is better understood.

Amy's research also has not found anything, anywhere, that bylaw changes have to be approved three times. She did find that how to change the bylaws needs to be spelled out in the bylaws. It was felt that this old rule was a way to make sure that a change in bylaws didn't happen without everyone knowing about the change. (29.57)

NEW BUSINESS

Board Training

Add board refresher training to the agenda for the next full board meeting. Perhaps having a board retreat may be something that may be done. (32.00)

Volunteer luncheon

April 25th is the meeting date. There would be no meeting, just the recognition dinner. Amy said there would be a speaker. Amy is thinking about doing something different this year, instead of a covered dish. Marty suggested starting at 11:30 a.m. (37.43)

Amy's Program Manager Report

Medicare Open Enrollment

The staff was busy with Medicare D open enrollment. Amy said they were still catching up with the paperwork. With the records so far, the staff has seen over 100 clients and saved the clients \$84,000. Amy stated she believes that the number of clients will reach 130-140 with over \$100,000 saved. (39.00)

Reports

Amy will send the staffs' reports with the minutes in the future.

She would also like to send the DeWitt and SCAT reports with the minutes. So DeWitt and SCAT could bring their reports to the meeting, which would then be sent out with the minutes. In this way, an absent member could easily know what was said.

Marty stated that this is done on many boards as an acceptable way to make the board meeting more efficient. Amy stated that there would be a place for time sensitive announcements on the agenda. (43.15)

Health Clinics

A bone density screening was held in November. 35 people took the test to check for osteoporosis. The test as administered by Aging Partners from Lincoln. In November a memory screening was also held. SCAS is a registered site for this screening. 12 people took the screening, which is a way to check to see if a person needs to see a doctor for any memory concerns. (46.15)

Budget for 2016

Amy would like to arrange a budget meeting. Amy's budget is included in her 'work plan' for Aging Partners. In turn, her work plan is a part of Aging Partners' Area Wide Plan, which is due in May. This means that Aging Partners will most likely need her budget in April. Normally, Amy does the budget, has the budget committee look it over, and then presents it to the board for approval before it is sent to the commissioners.

Amy reminded the board that this would NOT be the final budget. Aging Partners realizes that the budget is not due to the county till June and is not approved until at least September, so amendments may have to be made. The budget committee is Marty Stones, Carla Hubbard, Lorene Horky, Phyllis Svehla, Pat Schwisow, Stephanie Krivohlavek, and Amy. Laura will add to action list the need schedule a budget committee meeting when Amy is ready to present it. (51.30)

PARTNER REPORTS

DeWitt Senior Center

Bev Plihal reported on the senior center in DeWitt. Flu shots were given, a new Tai Chi class graduated, had kids' crafts, and bricks and wreaths were made and most were sold. The speakers at the dinners talked on the adult coloring craze and about flags that are made in Fairbury NE. Also, Kid Davis spoke on the hearing impaired. For Halloween they did a Trunk or Treat. (53.45)

Saline County Area Transit

Scott Bartels reported on SCAT. They, too, had a Trunk or Treat, which had a good turnout. Their Christmas Lights tour was done this last weekend. Their next quarterly board will meet January 21, 2016. They are going to have a public hearing at that time to review how they charge for bus fares. Scott encouraged anyone with ideas or concerns to attend the meeting or to let him know. (59.50)

Other comments

--Kathy S asked if she had met yet with the Wilber Care Center to get a USDA contract with them. Amy she said no. She needs to get with Denise Boyd to talk with the WCC. It is going to have to wait until after moving the food pantry. It is a pressing goal, but not as much as moving the pantry deadline. (1.01.00)

--Trudy Kubicek stated that during Medicare D open enrollment, she served 40 people and saved them \$75,000. This is on top of SCAS's savings. This means more food on people's plates.

Marty stated that 30% of NE seniors exist on their social security only. For 63% of NE seniors, social security is half their income, which averages \$1200/month.

Kathy S stated that a volunteer at the Center for People in Need told her how the newly retired people come in for food because they can't make it. (1.05.22)

ADJOURNMENT

Stephanie Krivohlavek moved to adjourn the meeting. Motion was seconded Kathy Stokebrand Motion carried.

Respectfully submitted,

Amy Hansen, Director
Saline County Aging Services

ABH/lam

NEXT EXECUTIVE MEETING: January 25, 2016, at 9 AM at the County Extension Office

NEXT FULL BOARD MEETING: March 28, 2016, at 1 PM at the County Extension Office

ACTION LIST

Amy will schedule a budget committee meeting when she is ready to present the budget.

Laura will reserve the County Extension Office for the Volunteer Recognition dinner, the next executive meeting, and the next full board meeting.

Amy will work on USDA contract for HDM with the WCC-after July 1.

Amy will continue to work on moving the food pantry.

Discuss having a board retreat at the next executive meeting.